# INTRODUCTION

Allah says in Holy Qur'an,

وَإِذَا سَأَلُكَ عِبَادِى عَنِى فَإِنِّى قَرِيْبُ الْجِيْبُ دَعْوَةَ الدَّاعِ إِذَا مَالُكَ عِبَادِى عَنِى فَإِنِّى قَرِيْبُ الْجِيْبُ وَلَيُؤْمِنُوا بِي لَعَلَّهُمْ يَرْشُدُورَ ﴾ عَلَى اللهُ عَلَيْهُمْ يَرْشُدُورَ ﴾ عَنِي اللهُ عَالَيْهُمْ يَرْشُدُورَ ﴾

WA IDHĀ SA'ALAKA `IBĀDĪ `ANNĪ FA'INNĪ QARĪB. UJĪBU DA`WATAD-DĀ`I IDHĀ DA`ĀN. FAL YASTAJĪBŪ LĪ WAL YU'MINŪ BĪ LA`ALLAHUM YARSHUDŪN

"When My servants ask thee concerning Me, I am indeed close (to them): I listen to the prayer of every supplicant when he calleth on Me: let them also, with a will, listen to My call, and believe in Me: that they may walk in the right way."

Al Bagarah 186

قُلْ مَايَعْبَوُّا بِكُمْ رَبِّى لَوْلَا دُعَآ وُكُمْ ،

QUL MĀ YA`BA'U BIKUM RABBĪ LAWLĀ DU`Ā'UKUM

"say (to the Rejecters): "What does my Lord care for you if you worship Him not!"

Al Furqan 77

On the authority of Anas & who said I heard the Messenger of Allah & saying,

"Allah st the Almighty has said: O son of Adam, so long as you call upon Me and ask of Me, I shall forgive you for what you have done, and I shall not mind. O son of Adam, were your sins to reach the clouds of the sky and were you then to ask forgiveness of Me, I would forgive you. O son of Adam, were you to come to Me with

sins nearly as great as the earth and were you then to face Me, ascribing no partner to Me, I would bring you forgiveness as great as it."

## **DU'A (SUPPLICATION)**

Praise be to Allah ﷺ, we thank Him, seek His help and His forgiveness. We seek refuge in Allah ∰ from the evils of ourselves and that of our bad deeds. He whom Allah ∰ guides, is truly guided, and he whom Allah ∰ leaves astray, none can guide him. I bear witness that there is no god but Allah ∰, and I bear witness that Muhammad ∰ is His Messenger.

When one is in suffering and catastrophe befalls him, when one is entangled and despondent and ultimately frustrated, then one unconsciously seeks the One Whose mercy is all-embracing. He is the One Who is More Merciful than a mother to her child. To Whom we seek refuge. It is He Who hears the weeping of the oppressed and accepts those who repent to Him. He showers His bounties and His blessing upon them. Thus, a believer should earnestly invoke and submit himself to Allah as a stated in the following ayah:

اَمَّنْ يُجِينُبُ الْمُضْطَرَّاذَا دَعَاهُ وَيَكْشِفُ السُّوَّءَ وَيَجْعَلُكُمْ خُلُفُآءَ الْاَرْضِ ءَالِهُ مَّعَ اللهِ ، قَلِيْلًا مَّاتَذَكَّرُوْنَ ﴿ خُلُفَآءَ الْاَرْضِ ، ءَالِهُ مَّعَ اللهِ ، قَلِيْلًا مَّاتَذَكَّرُوْنَ ﴿

AMMAY YUJĪBUL MUŅ ṬARRA IDHĀ DA`ĀHU WA YAKSHIFUS-SŪ'A WAYAJ `ALUKUM KHULAFĀ 'ALARŅ. A'ILĀHUM MA 'ALLĀH. OALĪLAM MĀ TADHAKKARŪN

"He, Who responds to the cry of the distressed when he calls

to Him and (Who) removes the distress, and (Who) has made you the successors (of the formers) in the earth? Is there any Other god besides Allah? You reflect but very little."

An Naml 62

He should also humbly supplicate to Allah swith devout words and in determination. The soul then enjoys the light of its Lord and a believer feels ease and safety that permeates his veins and throughout his body. He feels close to Allah the Ever-Lasting Power.

Thus, du'a constitutes worship as the Prophet  $\frac{1}{8}$  has expressed. That is because du'a means servility, humbleness, and is an expression of a need for the One in Whose Hand is the authority over everything. It is also a response to the Order of Allah  $\frac{1}{8}$  the Almighty as He says:

وَقَالَ رَبُّكُمُ ادْعُوْنِيِّ اَسْتَجِبْ لَكُمْ ، اِنَّ الَّذِيْنَ يَسْتَكِبُرُونَ عَنْ عِبَادَتِي سَيَدْخُلُوْنَ جَهَنَّمَ دُخِرِيْنَ ﴿

WA QĀLA RABBUKU-MUD `ŪNĪ ASTAJIB LAKUM. INNAL-LADHĪNA YASTAKBIRŪNA `AN `IBĀDATĪ SAYADKHULŪNA JAHANNAMA DĀ KHIRĪN.

"And your Lord has said: "Call to Me, I shall answer your prayer." Verily those who are too proud to worship Me, will soon enter Hell despised and disgraced."

Ghafir 60

By making *du'a*, success becomes a reality, wishes and aims are achieved. That is because, when the servant truly believes that Allah is is the only One Who is the Most Deserving to be asked and sought, he will shun all sources of help other than Allah . He will approach the Door of his Lord, seek His protection, entreat Him for His Mercy of

treasures and His generosity. This is the essence of worship and the secret of obedience. On the authority of Nu'man Ibn Bashir & who said that the Prophet \$\mathbb{z}\$ said,

"Du'a is worship." Then he recited the saying of Allah st the Almighty. And Allah st says: "Call on Me, I will answer your (prayer)."

Therefore, *du'a* is a form of worship, in fact it is one of the most honorable and glorious forms of worship. It is also amongst the most honorable ways of repose.

The Prophet  $\frac{1}{8}$  gave glad tidings to a man who was inspired with du'a so that he would be among those who would receive the Mercy of Allah  $\frac{1}{8}$ : He said,

"If the gate of du'a are opened before a man, the gates of mercy will be opened before him. And the most beloved thing with which Allah loves to be asked is safety."

The supplicant also received glad tidings from the Prophet **#** that Allah **#** would keep him safe and he would have a special patronage which would be a weapon to fight the enemies and defend himself with:

"Du'a is a weapon of a Believer, a pillar of religion, and a light of the heavens and the earth."

## The Prophet said,

"Do not feel hopeless with du'a since nobody is to be perished with du'a."

### The Prophet salso said,

"Would I guide you to what would protect you against your enemies and bring you provision?" 'Supplicate to Allah by day and night for supplication is the weapon of a believer."

The Prophet  $\frac{1}{8}$  also gave glad tidings to the person who supplicates to Allah  $\frac{1}{8}$  so that his supplication would be answered and that his approach towards Allah  $\frac{1}{8}$  would be accepted:

"Allah is Ever-Merciful and Ever-Generous to the extent that when man lifts his hands skyward (invoking Allah), He dislikes to reply without rewarding Him."

The Prophet  $\frac{1}{2}$  explained also how the answer can be achieved. The answer, whether simultaneously or delayed, is good for the supplicant. Thus his affair, whether he knows or not, is altogether good for him. The Prophet  $\frac{1}{2}$  said,

"If a Muslim invokes Allah standard anything besides sin or severing relations, Allah standard in turn responds to his du'a in one of three cases; either to accept it, delay his reward in the Hereafter or removes a calamity from him that equals his du'a.

The Companions said, "We will then supplicate a lot."

The Prophet se replied. "Allah will reward you greatly."

Then the Prophet % illustrated how the answer of a du'a is good in all its forms when a man sees the fruits of his du'a which he thought was not answered.

In another ahadith Prophet said,

"On the Day of Judgement, Allah will call a believer until he stands before Him. Allah will say, 'O My servant, I have commanded you to call upon Me and have promised to answer you. Did you truly call upon Me?' He (the servant) will say, 'Yes, my Lord.' Allah will say, 'Whenever you called upon Me I answered you. Did you not call upon Me on the day of such and such to relieve your calamity and I did?' The servant will say, 'Yes my Lord.' Allah will say, 'I gave it to you in worldly life, Allah will add,

'Did you not call on Me on the day of such and such to relieve your calamity but it seemed that I did not reply to you.' The servant will say, 'Yes my Lord.' Allah \*\* will say, 'I compensated such and such for you in Paradise.' Allah \*\* will say, 'Did you not call on Me to meet your need and I did.' The servant will say, 'Yes my Lord,' Allah \*\* will add, "I gave it to you in worldly life.' 'Did you not call on Me on the day of such and such to meet your need but it seemed that I did not reply to you.' The servant will say, 'Yes my Lord.' Allah \*\* will say, 'I compensated such and such for you in Paradise." The Messenger of Allah \*\* said, "Allah \*\* will never leave out any supplication of a believer unless He will expound this for him through the following; either He will give it to him in worldly life or delay it in the Hereafter. Thereupon, the believer will say, 'I wish I was given nothing of my du'a in this world."

One should bear in mind that for the *awraad* and *wazaif* to be effective and for du a to be accepted, it is necessary that the following 11 principles are adhered to:

- 1. A person's food, drink and clothing should be from Halal means. Rasulullah sis reported as saying regarding that person who lifts his hands praying to Allah sis, saying "O Lord! O Lord! How will his du`a be accepted when his food, drink and clothing are haram?"
- 2. He must abstain from shirk.
- 3. He must honour and sanctify the SHA'Ā'IRUL-LĀH (Major sanctities of Allah).
- 4. He should focus his entire attention to Allah **\*\*** whenever he is praying to Allah **\*\*** or making Du`a.
- 5. He should abstain from committing any sin openly or secretly. He should also abstain from pomp and show.
- 6. He should make it a habit to seek Allah's **s** forgiveness for himself and all other *Muslims*, especially his parents and *shuyukh*.
- 7. He should do some good deeds prior to making du `a.

- 8. He should begin with Allah's **s** praises and end the *du* a with *salawat* upon Rasulullah **s**.
- 9. He should not become despondent if there is delay in the acceptance of his du a, thus discontinuing the du a.
- 10. He should never make du`a for any wrong or something that is *haram*. Nor for that which is practically impossible to happen ordinarily.
- 11. He should lift both hands when making du`a. On completion he should say ameen and recite the durud and pass his hands over his face.

### THE IMPORTANCE OF DU'A

Du`a is the essence of ibadah. The Qur'an has termed du`a as ibadah:

# UD `ŪNĪ ASTAJIB LAKUM INNAL-LADHĪNA YASTAKBIRŪNA `AN `IBĀDATĪ SA-YADKHULŪNA JAHANNAMA DĀKHIRĪN

"Call unto me, I shall answer you. Surely those who are arrogant to worship Me will surely enter hell while they will be humiliated."

Rasulullah % has also declared du as ibadah. Therefore, to forsake du a is to forsake ibadah. For every need of his, he should continue to make du a to Allah %; and, in the words of Rasulullah % even if it be a lace that you need for your shoes. And even if a person has no need, he should create some need and ask Allah % to fulfil it. He should adopt some wazifah or ma'mulat and read them daily.

#### MAKING DU'A FOR ANOTHER MUSLIM IN HIS ABSENCE

If anyone desires that his du a be assuredly accepted he should make du a for his Muslim brother or sister in their absence. This is the surest way of having his du a granted. According to one *ahadith* when a person makes du a for his Muslim brother or sister in their absence, there is an angel who says, "Ameen, let the same du a be for him."

# ABSTAINING FROM SINS – A REQUISITE FOR ACCEPTANCE OF DU`A

For anyone wanting to derive the full benefit of his du a and dhikr it is important that he abstains from sins. Ibn Qayyim Jawzi (R.A.) says that sins are impurities and filth. If a person remains contaminated in this filth and he applies the perfume of dhikrullah, the filth will destroy the sweet fragrance of the perfume. Therefore, whenever a person commits a sin he should repent immediately and resolve never to commit the sin again. In this way, the person will soon witness the benefits of du a.

# THE TEN GOLDEN RULES FOR DU'A, DHIKR AND GOOD DEEDS TO BE EFFECTIVE

- Correctness of niyyah. Whatever is done should be done for Allah's # pleasure.
- 2. Beliefs should be according to the *Qur'an* and *Sunnah* as far as Tawhid, Risalah, the Holy Scriptures, good or adverse Taqdir, the Mala'ikah, Qiyamah, the finality of prophethood of Rasulullah # etc. is concerned.
- 3. According to what we claim when we recite Al Fatihah wherein we say

# إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِيْنُ

#### IYYĀKA NA`BUDU WA IYYĀKA NASTA`ĪN

### "You alone do we worship and from you alone do we seek help"

We should be honest in offering our *ibadah*, solely for Allah **\$\mathbb{c}**... whether such *ibadah* is offered financially, bodily or verbally. And we should not worship Allah **\$\mathbb{c}** only when we need him. It should be done all the time and in moderation just as Allah **\$\mathbb{c}** commands

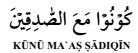
# وَاعْبُدُ رَبُّكَ حَتَّى يَأْتِيَكَ الْيَقِينُ

## WA`BUD RABBAKA ḤATTĀ YA'-TIYAKAL YAQĪN

### "Worship Allah until death."

- 4. Have total reliance in Allah **36**. The *Holy Qur'an* says: Anyone who relies in Allah **36**, Allah **36** is sufficient for him.
- Adopt constant fear for Allah si in the heart. One should always be fearful of Allah's si wrath.
- 6. Be steadfast on the teachings of the *Holy Qur'an* and *Sunnah* of Rasulullah # for these two are the only means of the spiritual and moral upliftment of mankind. And this is what will attract love and forgiveness from Allah #.
- 7. The SHA'Ā'IRUL-LĀH Major Sanctities of Allah sees should be honoured and sanctified at all times. It has been mentioned that there are 4 major Sanctities of Allah see, which every Muslim should honour and sanctify. He should not be tolerant if anyone else violates them. They are:
  - a. The *Kitab* of Allah **36**. It should be honoured. It should be constantly recited and taught.

- b. The beloved personality of Rasulullah # . He # should be honoured and revered at all times. His *Sunnah* should be followed as far as possible and as much as possible..
- c. The *Baitullah*. It should be honoured. One should not face the *Qiblah* when relieving oneself or when spitting.
- d. *Salaah*. One should be steadfast with *Salaah* and respect others who are performing *Salaah*. One should not pass in front of anyone who is performing *Salaah*. Nor should a person read the *Qur'an* aloud or make *dhikr* aloud in the presence of anyone who is performing *Salaah*.
- 8. Always have this thought in mind that the Almighty Allah is with me. And in the light of his command



# "Endeavour to be in the company of the Righteous people" he should keep away from evil company.

- 9. Always wish well for others. With utmost respect and wisdom call them towards good.
- 10. Never be neglectful of the remembrance of Allah **s** and always make *du* a to Allah **s**. Allah **s** says:

# فَاذْكُرُونِى اَذْكُرُكُمْ

### FADH- KURŪNĪ ADH-KUR-KUM

### "Remember me and I shall remember You"

According to one ahadith Allah says; "whosoever remembers me in his heart I myself shall remember him in My heart. And whoever

remembers me in a gathering I shall remember him in a gathering better than his gathering (i.e. that of the angels)".

According to another *ahadith*, there is a group of angels whose duty it is, to seek those who make the *dhikr* of Allah . When they do find such a group they call out to each other "What you are seeking is here." They then surround them, (recording what is being performed). The angels do so in such great numbers that their numbers spiral upwards reaching the heavens.

When these angels reach Allah **36**, He asks them (despite Allah **36** knowing better than them): What do My servants say?

They reply: They praise and glorify You.

Allah **asks** them: Have they seen Me?

They reply: We swear, they have not seen You.

Allah says: If they would have seen Me what would have happened?

They reply: Then they would worship You and glorify You even more.

Then Allah says to the angels: What were they asking for?

They reply: They were asking for Jannah.

Allah says: Have they seen Jannah?

They say: By Allah **s** they have not seen *Jannah*.

Allah **s** asks: If they would have seen it what would have their condition been?

They reply: Then their desire for Jannah would have intensified.

Then Allah **asks**: From what were they seeking refuge?

They reply: From Jahannam.

Allah asks: Have they seen it?

They reply: By Allah **36**, they haven't seen it.

Allah asks: Had they seen it what would their condition be?

They reply: Then they would have had great fear for it and they would

have run far away from it.

Thereafter Allah says: Bear witness that I have forgiven them all.

The angels say: O Allah **56**, but there was one person amongst them who was sitting amongst them for some other reason (not for dhikr).

Allah % says: These are such people that those who sit in their company are not deprived.

There are many more *ahadith* on the virtues of *dhikr*. Suffice to say that the sum total of all the *ahadith* of *dhikr* is that we should not neglect Allah's remembrance for even a single moment.

#### A POINT TO REMEMBER

The primary object of *dhikr, wazaif* and any *amal* should be to gain Allah's **s** pleasure. To acquire any good through such *dhikr* etc. or remove any harm should be a secondary objective.

## FOR ABUNDANCE IN RIZQ

The world will become humble before him and crawl before him who says the following *tasbih* 100 times a day after true dawn but before Fajr *salaah*.

سُبْحَانَ اللهِ وَبِحَمْدِهِ سُبْحَانَ اللهِ الْعَظِيْمِ ٱسْتَغْفِرُ اللهَ

### SUBḤĀNAL-LĀHI WA BI ḤAMDIHĪ SUBḤĀNAL-LĀHIL 'AZĪM. ASTAGH-FIRUL-LĀH

"Glorified is Allah with His praises. Glorified is Allah, the Supreme. I beg Allah's forgiveness."

### FOR ABUNDANCE IN RIZQ AND FULFILMENT OF DEBT

Between the *Sunnah* and *Fardh* of Fajr say the following verse 7 times and blow on the body. Also recite thrice *durud* in the beginning and end.

لَاثُدِّرِكُهُ الْآبَصَارُ وَهُوَ يُدُرِكُ الْآبَصَارَ وَهُوَاللَّطِيْفُ الْخَبَيْرُ ع

LĀ TUDRIKUHUL ABŞĀR. WA HU-WA YUDRIKUL ABŞĀR. WA HUWAL-LATĪFUL KHABĪR.

"Sight cannot perceive Him. And He perceives sight. He is the Subtle, the Well-Aware."

#### FOR THE FULFILMENT OF ALL NEEDS

Read this du`a of Sayyidina Fatimah & 30 times after Fajr salaah. Read thrice durud in the beginning and at the end. It is very effective in having one's needs fulfilled. The du`a is as follows:

يَاحَىُّ يَاقَيُّوْمُ بِرَحْمَتِكَ اَسْتَغِيْثُ لَاتَكِلْنِی اِلٰى نَفْسِیْ وَلَا اِلٰى اَفْسِیْ وَلَا اِلْى اَحَدِ مِنْ خَلْقِكَ طَرْفَةَ عَيْنٍ وَاصْلِحْ لِیْ شِأْنِیْ كُلَّهُ ،

YĀ ḤAYYU YĀ QAYYŪM. BI RAḤMATIKA 'ASTAGHĪTH.

# LĀ TAKILNĪ ILĀ NAFSĪ WA LĀ ILĀ 'AḤADIM-MIN KHALQIKA ṬARFATA `AIN. WA 'AṢLIḤLĪ SHA'NĪ KULLAH.

"O the Living, O the Ever-Lasting. I seek help through Your mercy. Do not leave me to myself nor to anyone else from Your creation even for a blink of an eye. Correct me in all my affairs"

### SAFETY AGAINST SICKNESS

If this du`a is said 7 times after Fajr salaah the reader will be safeguarded against all types of sicknesses, insha-Allah.

SUBḤĀNAL-LĀHI WA BIḤAMDIHĪ SUBḤĀNAL-LĀHIL `AZĪM. LĀ HAWLA WA LĀ QUWWATA 'ILLĀ BILLĀH

"Glorified is Allah with His praises. Glorified is Allah, the Supreme. There is no power, no might except with the help of Allah"

### SAFETY AGAINST ENEMIES

Read 7 times after Fajr as a means of safety against enemies.

حَسِبِى اللهُ الْحَلِيْمُ الْقَوِى لِلنَّ بَعْلَى عَلَى اللهُ الْحَلِيْمُ اللهُ الل

# ḤASBIYAL-LĀHUL-ḤALĪMUL QAWIYYU LIMAM BAGHĀ `ALAYYA. ḤASBIYAL-LĀHUSH-SHADĪDU LIMAN KĀDANĪ BI SŪ'. ḤASBIYAL-LĀHU LĀ 'ILĀHA 'ILLĀ HŪ. `ALAYHI TAWAKKALTU WA HUWA RABBUL `ARSHIL `AZĪM

"Allah, the Wise, the Mighty suffices me against the one who has rebelled against me. Allah, the Powerful, suffices me against the one who has plotted evil against me. Allah, besides Whom there is none worthy of worship, is sufficient for me. Upon Him do I rely. And He is the master of the great throne"

### SAFETY AGAINST SIHR (WITCHCRAFT)

Say this wazifah thrice in the morning, preferably after Fajr salaah, and thrice in the evening, preferably after Maghrib:

BISMIL-LĀHIL LADHĪ LĀ YADURRU MA'ASMIHĪ SHAY'UN FIL 'ARDI WA LĀ FIS SAMĀ'. WA HUWAS SAMĪ'UL 'ALĪM

"I begin in the name of Allah through whose name nothing in the earth and heavens can harm (me). And He Is the All-Hearing, All-Knowing."

### FOR ABUNDANCE IN RIZQ AND SELF-SUFFICIENCY

For plentiful *rizq* (sustenance) and total independence recite the following *du* `a 100 times after Esha and 100 times after Fajr. *Insha Allah* **%**, the reader will soon see the benefits of this.

# اَللّٰهُمَّ كَمَا صُنْتَ وَجْهِى عَنِ السُّجُوْدِ بِغَيْرِكَ فَصُنْ وَجْهِى عَنِ الْمَسْئَلَةِ بِغَيْرِكَ ،

ALLĀHUMMA KA MĀ ŞUNTA WAJHĪ `ANIS SUJŪDI BIGHAYRIKA FASUN WAJHĪ `ANIL MAS'ALATI BIGHAYRIK.

"O Allah, even as you have preserved my face (honour) by safeguarding me from making sajdah to others, do save my face (honour) by safeguarding me from stretching my hands before others"

### **FULFILMENT OF ALL NEEDS**

Allah **s** will fulfil all the needs of the one who recites the following ayah 7 times in the morning and 7 times in the evening (after Fajr and Maghrib *salaah*).

ḤASBIYAL-LĀHU LĀ 'ILĀHA ILLA HUW. `ALAYHI TAWAK-KALTU WA HUWA RABBUL `ARSHIL` AZĪM

"Sufficient for me is Allah besides Whom there is none worthy of worship. Upon Him do I rely. And He is the master of the great throne."

### **FOR RIZQ AND SECURITY**

Say 100 times after Fajr and Maghrib these 2 attributes of Allah **88**. Say

durud thrice in the beginning and at the end.

# يَابَاسِطُ يَاحَفِيْظُ Yā BāSITU, Yā HAFīŻU

"The extender of rizq, the protector"

### FOR EASING ANY DIFFICULTY

After Fajr and Maghrib say 100 times this wazifah. Say durud thrice in the beginning and at the end.



YĀ RAHMĀNU 'AGHITHNĪ

"O Most Merciful, save me!"

### FOR ALL TYPES OF DIFFICULTIES

For all types of difficulties such as sicknesses, anxiety, worry, unemployment, financial difficulties and enemies, recite the following du at least 7 times up to 100 times. An ideal time is to read it at the time of lshraq after having offered 2 or 4 rak 'aat salaah. This du 'a is so effective that the reader will notice his condition changing from the very first day of reading it. Read durud thrice at the beginning and at the end. The du 'a is:

يَاغَيَاثِى عِنْدَ كُلِّ كُرْبَةٍ وَمُجِيِّيِي عِنْدَ كُلِّ دَعْوَةٍ وَمُوْنِسِيْ عِنْدَ كُلِّ دَعْوَةٍ وَمُوْنِسِيْ عِنْدَ كُلِّ شِدَّةٍ عِنْدَ كُلِّ شِدَّةٍ

# وَرَجَائِيْ حِيْنَ تَنْقَطِعُ حِيْلَةٌ ،

YĀ GHAYĀTHĪ `INDA KULLI KURBATIW-WA MUJĪBĪ `INDA KULLI DA`WATIW-WA MŪNISĪ `INDA KULLI WAḤSHATIW WA MA`ĀDHĪ `INDA KULLI SHIDDATIW WA RAJĀ'Ī ḤĪNA TANQAŢI'U ḤĪLAH

"O my Saviour in times of grief, my Responder to every Du`a, my Consoler in times of anxiety, my refuge in times of hardships and my only hope when all support is exhausted"

### **FOR ABUNDANCE IN RIZQ**

For abundance of *rizq* and repayment of debts this verse is very effective. Read thrice *durud* in the beginning and end.

ALLĀHU LATĪFUM BI `IBĀDIHĪ YARZUQU MAY-YA SHĀ'U WA HUWAL QAWIY-YUL `AZĪZ

"Allah is gracious to His servants. He gives sustenance to whom He wills. And He is the Strong, the Mighty"

### THE BENEFITS OF ISTIGHFAR

Here is a concise form of istighfar. It is very effective for having ones sins forgiven, acquiring rizq and fulfilment of all needs. Read as much as possible:

RABBIGH-FIR WARḤAM WA 'ANTA KHAYRUR-RĀḤIMĪN

"My Lord, forgive me, have mercy on me. You are the best of all those who show mercy."

# RIZQ THROUGH ALLAH'S **SE ATTRIBUTES AND SURAH** MUZZAMMIL

Say this attribute of Allah 38



### "O He who enriches"

Read constantly after Esha. Together with this read *Surah Al-Muzzammil 7* times daily in the following manner: once after every *salaah* and twice between the *sunnah* and *fardh* of Fajr *salaah*. If this can't be done then read thrice after Fajr and once after each of the remaining 4 *salaahs*.

# MARRIAGE OF CHILDREN AND ACQUIRING PIOUS CHILDREN

Recite abundantly the following du`a:

## RABBANĀ HAB LANĀ MIN AZWĀJINĀ WA DHURRIYYĀ- TINĀ OURRATA A'YUNIW-WAJ'ALNĀ LIL MUTTAOĪNA IMĀMĀ

"Our Lord, grant us from our wives and children the coolness of our eyes and make us the leaders of the pious."

#### GOODNESS OF THIS WORLD AND THE HEREAFTER

Recite excessively the following du `a:

RABBANĀ ĀTINĀ FID-DUNYĀ ḤASANATAW-WA FIL ĀKHIRATI HASANATAW-WAQINĀ `ADHĀBAN NĀR

"Our Lord, give us good in the world and in the hereafter and save us from the punishment of the fire"

## FORGIVENESS THROUGH QUR'ANIC DU'A

It is best to seek forgiveness through du appearing in the Qur'an since it will be regarded as a du as well as tilawah of the Qur'an. Therefore, the reader will be rewarded twofold. Thus one should try to read excessively.

The du`a that was recited by Sayyidina Adam www was this:

RABBANĀ ŻALAMNĀ ANFUSANĀ WA ILLAM TAGHFIR- LANĀ WA TAR-HAMNĀ LANAKŪNANNĀ MINAL KHĀSIRĪN

"Our Lord, we have wronged ourselves. And if You do not forgive us nor have mercy on us, then we shall be from among the losers"

### RELIEF FROM ALL HARDSHIPS

The du a that was recited by Sayyidina Yunus when he found himself in the belly of the fish. It is very effective in removing any difficulty. Recite abundantly.

# لَا اللهَ اللَّا اَنْتَ سُبْحَانَكَ اِنِيِّ كُنْتُ مِنَ الظَّلِمِيْنَ عَلَيْ الظُّلِمِيْنَ عَلَيْ اللَّهِ اللّ Lā ILā HA 'ILLā 'ANTA SUBḤĀNAKA

"There are none worthy of worship besides You. Glorified are You. Surely I am from among the wrongdoers (note: whatever du'a will be made after its recital, Allah will accept it, Insha-Allah)"

'INNĪ KUNTU MINAŻ-ŻĀLIMĪN

# ACQUIRING THE ABILITY TO EXERCISE SABR (PATIENCE)

يُشَبِّتُ اللهُ الَّذِيْنَ امَنُوا بِالْقُولِ الثَّابِتِ فِي الْحَيَوةِ الدُّنْيَا وَفِي الْأَخِرَةِ م

## YU-THABBITUL-LÄHUL LADHĪNA ĀMANŪ BIL QAWLITH-THĀBITI FIL HAY-ĀTID-DUNYĀ WA FIL ĀKHIRAH

"Allah will strengthen in this world and the hereafter those who believe in the firm word (the Qur'an)"

فَإِنَّ مَعَ الْعُسُرِ يُسْرًا ﴿ إِنَّ مَعَ الْعُسُرِ يُسُرًا ﴿ فَإِذَا فَرَغْتَ فَارْغَبُ ﴿ وَإِلَىٰ رَبِّكَ فَارْغَبُ ﴿

ALAM NASHRAḤ LAKA ṢADRAK. WA WAḤA`NĀ `ANKA WIZRAK. ALLADHĪ 'ANQAḤA ŻAHRAK. WA RAFA`NĀ LAKA DHIKRAK. FA 'INNA MA `AL `USRI YUSRĀ. INNA MA-`AL `USRI YUSRĀ. FA 'IDHĀ FARAGHTA FANṢAB. WA 'ILĀ RABBIKA FARGHAB

"Have We not opened your bosom for you (O Muhammad). And removed from you your burden. Which weighed down your back? And have We raised high your fame? Verily, along with every hardship is relief, Verily, along with every hardship is relief So when you have finished, devote yourself for Allah's worship. And to your Lord turn."

أَلَا بِذِكْرِ اللهِ تَطْمَئِنُّ الْقُلُوْبُ ء

'ALĀ BI DHIKRIL-LĀHI TAṬMA 'IN-NUL QULŪB

"Without doubt, in the remembrance of Allah do hearts find peace."

### FOR THE REMOVAL OF EVERY DIFFICULTY

The following is tried and tested for removing every kind of difficulty and hardship. Try it and see how effective it is. Recite the following *du'a* 100 times after every *salaah*.

رَبِّ اَنِّی مَغْلُوْبٌ فَانْتَصِرْ ؞

RABBI 'ANNĪ MAGHLŪBUN FANTASIR

"My Lord, I am overcome/overpowered: Do Help me

#### SUBDUING THE ENEMY

The following du'a should be repeated excessively:

اَللّٰهُمَّ مُنْزِلَ الْكِتَابِ مُجْرِى السَّحَابِ سَرِيْعَ الْحِسَابِ هَازِمَ الْاَحْزَابِ إِهْزِمْهُمْ مَ

'ALLĀHUMMA MUNZILAL KITĀBI MUJRIYAS-SAḤĀBI SARĪ `AL HISĀBI HĀZIMALAHZĀBI 'IHZIM-HUM

O Allah, the reveled of the book, the driver of the clouds, the one who takes accountability with swiftness, the one who subdues the enemy, do overpower them

### TO STOP THE ENEMY FROM BICKERING AND TAUNTING

Say each of the following verses 7 times:

وَخَشَعَتِ الْاَصْوَاتُ لِلرَّحْمٰنِ فَلَا تَسْمَعُ إِلَّا هَمْسًا ،

WA KHASHA`ATILʻAŞWĀTU LIR-RAḤMĀNI FALĀ TASMA`U 'ILLĀ HAMSĀ

And the voices will be hushed due to the fear of the all-merciful; thus you will hear only a murmuring.

اَلْيَوْمَ خَنِّمُ عَلَى اَفْوَاهِهِمْ وَتُكَلِّمُنَا اَيْدِيْهِمْ وَتَشْهَدُ اَرْجُلُهُمْ بِمَا كَانُوْا يَكْسِبُوْنَ ،

AL-YAWMA NAKHTIMU `ALĀ 'AFWĀ-HIHIM WA TUKALLI-MUNĀ

### AYDĪHIM WA TASH-HADU 'ARJULUHUM BIMĀ KĀNŪ YAK-SIBŪN

That day shall we seal their mouths and their hands will speak to us and their feet will bear witness to all that they were doing.

# SPECIAL SALAAH FOR SAFETY AGAINST ALL HARDSHIPS, DIFFICULTIES AND CALAMITIES

It is related from Ali & that anyone who performs 2 rak'aat Nafl salaah and he says in every sajdah (after saying its tasbih) the following du'a thrice, Allah & will grant him safety against all calamities:

# FAQĪRUKA BI FINĀ'IKA WA `ABĪDUKA BI FINĀ'IKA WA SĀ-'ILUKA BI FINĀ'IKA

Your destitute (slave) has come to you, your servant has come to you, your beggar has come to you.

### THE GREAT BENEFITS OF SURAH YASIN

It is reported from Rasulullah ## that everything has a heart. And the heart of the *Holy Qur'an* is Yasin. The *Ulama* say that whoever reads *Yasin* in the morning and evening. Allah ## will have 80 of his needs fulfilled. The least being poverty.

# TO GET RID OF THE LOVE FOR THE WORLD, WEALTH AND STATUS

When there is excessive love for the world in the heart and the love for position and status, it is necessary to drive such love out of the heart and have it replaced with the love for *Deen*. For this, recite *Surah Takathur* abundantly in the morning and evening.

#### **CURE FROM SPIRITUAL AND PHYSICAL SICKNESS**

Read *Suratul Fatihah* abundantly. Rasulullah **%** is reported as saying that the *Fatihatul-Kitab* is a cure for all sicknesses.

### **CURE FOR GHAFLAH**

To remove *ghaflah* or unmindfulness recite *Suratul Qaaf* (26th Juz) once in the morning. *Insha-Allah ghaflah* will gradually disappear and awareness of death will come to mind.

So that the thought of death does not become so overwhelming as to cause negative effective on the reader, he should also read *Suratul Inshirah* 7 times after reciting *Suratul Qaaf*.

# SAFETY FROM THE EVIL THOUGHTS PUT INTO THE MIND BY SHAYTAN

If a person is harassed by the prompting of *shaytan* especially while performing *salaah*, he should say the following verse thrice before starting *salaah*.

رَبِّ اَعُوْذُ بِكَ مِنْ هَمَزَاتِ الشَّيَاطِيْنِ ، وَاَعُوْذُ بِكَ رَبِّ اَنْ يَحْضُرُوْنِ ،

RABBI A`ŪDHU BIKA MIN HAMAZĀTISH SHAYĀṬĪN. WA A`ŪDHU BIKA RABBI AY-YAḤḌURŪN

My Lord, I seek refuge in You from the promptings of the devils; and I seek Your protection from that they should come near me.

### TO GAIN NEARNESS TO ALLAH

Reading the following 3 *Surahs* in the morning and evening will bring a person close to Allah **\*\***: *Surah Fatihah, Surah Ikhlas, Surah Inshirah*.

### DEVELOPING LOVE FOR RASULULLAH # IN THE HEART

For sincere love and respect to come into the heart for Rasulullah # recite the following 3 items in the morning and evening: *Suratul Kawthar, Salawat (durud)* upon Rasulullah # and *Suratud Duha*.

### SEEING RASULULLAH # IN A DREAM

If a person is truly desirous of seeing Rasulullah  $\frac{1}{2}$  in the dream he should do the following: he should bath on the eve of Jum'ah i.e. the night between Thursday and Friday. He should don clean clothes and apply itar. After Esha he should offer 2 rak'aat nafl salaah. Thereafter, he should read Suratul Kawthar 100 times, salawaat upon Rasulullah  $\frac{1}{2}$ 100 times. Insha-Allah the reader will see him soon. The following Suratul Suratu

اَللّٰهُمَّ صَلِّ عَلَى مُحَمَّدِ إِلنَّبِيِّ الْامِيِّ وَعَلَى اٰلِهِ وَبَارِكُ وَسَلِّمْ مَ

ALLĀHUMMA ṢALLI `ALĀ MUḤAMMADI-NIN-NABIY-YIL UMMIY-YI WA `ALĀ ĀLIHĪ WA BĀRIK WASALLIM

> O Allah! send Your mercy and salutations upon Muhammad # the untaught prophet

# SAFEGUARD AGAINST DISGRACE ON THE DAY OF QIYAMAH

Suratul Baqarah and Surah Al Imran should be recited abundantly. Rasulullah % is reported to have said that recite the Holy Qur'an. It will come as an intercessor on the Day of Qiyamah. Rasulullah % also referred to Suratul Baqarah and Surah Al Imran as two brilliant lights or noor which will appear as two shade-giving clouds or two flocks of birds. These birds will come to intercede for the one who is regular in reciting these two Surahs.

Rasulullah  $\frac{1}{2}$  also said that reciting both of them regularly is a means of barakah for the reciter; and abandoning them is a means of regret; and only an idle person is unable to recite them.

### SAFETY AGAINST DAJJAL

For safety against *Dajjal* the first ten and last ten verses of *Suratul Kahf* (preferably the whole *Surah*) should be recited every week preferably on Fridays.

### ABUNDANCE IN RIZQ AND SAFETY AGAINST ENEMIES

Recite Suratul Waqi'ah everyday.

#### REMEDY FOR FORGETFULNESS

For forgetfulness, absent mindedness or weakness of memory, the following du'a should be read abundantly. The same should be done if a person is unable to comprehend or understand the meaning of any verse of the Qur'an or the meaning of ahadith. The du'a is:

# يَاحَيُّ يَا قَيُّوْمُ لَا اِلٰهَ اللَّا اَنْتَ بِرَحْمَتِكِ اَسْتَغِيثُ ء

# YĀ ḤAY-YU YĀ QAY-YŪM, LĀ ILĀHA 'ILLĀ 'ANTA BI RAḤMATIKA 'ASTAGHĪTH

O the ever-living and the eternal, there is none worthy of worship except You. I beg of You Your mercy.

### WHEN PREPARING A LECTURE

When a scholar or orator needs material for his lecture or speech he should read the above *du'a* several times.

### TO STRENGTHEN THE MEMORY

Read the following daily.

سُبْحَانَكَ لَا عِلْمَ لَنَا إِلَّا مَا عَلَّمْتَنَا إِنَّكَ اَنْتَ الْعَلِيمُ الْحَكِيمُ الْحَكِيمُ الْمَرِي الشَّرَحِ لِي صَدْرِي الْوَيسِّرِ لِي اَمْرِي الشَّرِي الشَّرِي الشَّرِي الشَّرِي الشَّرِي السَّانِي السَّانِي السَّانِي السَّانِي السَّانِي اللَّهُمَّ نَوِّرُ قَلْمِي وَرِدْ قُوَّةً سَمَعِي وَبَصَرِي وَحِفْظِي السَّلَا اللَّهُمَّ نَوَّرُ قَلْبِي وَزِدْ قُوَّةً سَمَعِي وَبَصَرِي وَحِفْظِي اللَّهُمَّ نَوَّرُ قَلْبِي وَزِدْ قُوَّةً سَمَعِي وَبَصَرِي وَحِفْظِي اللَّهُمَّ نَوَّرُ قَلْبِي وَزِدْ قُوَّةً سَمَعِي وَبَصَرِي وَحِفْظِي اللَّهُ اللَّهُمُ اللَّهُمُ اللَّهُمُ اللَّهُمُ اللَّهُ اللِّهُ اللَّهُ اللِّهُ اللَّهُ اللَّهُ

Glorified are You. We do not know except what You have taught us. Surely You are all-knowing, all-wise. My Lord, expand for me my bosom. and ease for me my task and remove the knot from my tongue (speech) so that they may understand my speech. My Lord, increase me in knowledge. O Allah, fill my heart with light and increase the strength of my hearing, my sight and my memory

#### ENTERING OR LEAVING A TOWN

Allah **s** will protect the person who reads the following *ayah* before entering or leaving a town.

رَبِّ اَدْخِلْنِیْ مُدْخَلَ صِدْقٍ وَّاَخْرِجْنِیْ مُغْرَجَ صِدْقٍ وَّاجْنِیْ مُغْرَجَ صِدْقٍ وَ اَجْعَلْ لِیْ مِنْ لَّدُنْكَ سُلْطَاناً نَصِیْرًا ،

RABBI 'ADKHILNĪ MUDKHALA ŞIDQIW WA 'AKH-RIJNĪ MUKHRAJA ŞIDQIW WAJ `AL-LĪ MIL-LADUNKA SULTĀ NAN NASĪRĀ

My Lord, let me enter by the door of truth and let me leave by the door of truth and grant me from You an authority to aid (me).

### WHEN STAYING SOMEWHERE FOR THE DAY OR NIGHT

رَبِّ اَنْزِلْنِی مُنْزَلًا مُبَارَكًا وَانْتَ خَیْرُ الْمُنْزِلِیْنَ عَ RABBI 'ANZILNĪ MUNZALAM MUBĀRAKAN

WA 'ANTA KHAYRUL MUNZILĪN

My Lord, let me disembark with blessings, for You are the best to enable us to disembark.

#### WHEN ONES LIFE AND HONOUR IS AT STAKE

When a person's life and honour is threatened these 2 verses should be recited abundantly and with sincerity.

FA SAYAKFĪ KAHUMUL-LĀH. WA HUWAS-SAMĪ`UL `ALĪM. WAL-LĀHU MIW WARĀ'IHIM MUHĪT

Allah will suffice you against them. and He is all hearing, all-knowing, and Allah encompasses them from behind

# SAFETY AGAINST SIHR, WILD ANIMALS AND DANGEROUS MEN

For safety against sihr (black magic) recite each of the following 2 verses 7 times. The same could be done if there is a fear of an attack from a wild animal or a human being

WALĀ YUFLIḤUS SĀ-ḤIRU ḤAYTHU 'ATĀ. INNAHUM YAKĪDŪNA KAYDAW WA 'AKĪDU KAYDĀ

And the magician does not succeed when He approaches. They plot a scheme and I plot a scheme.